

Check one:

- 5K Run
- 5K Walk. **NO REFUNDS!**

Walkers must walk the entire race! No running!

First Name: Please Print

Last Name:

- Male
- Female

Age on Race Day:

Address:

City:

State: **Zip:**

Date of birth: e.g. 12 27 61

Phone: ()

Check all that apply:

- \$13 Y Member Pre-Registration
- \$15 (Non Y Member Pre-Registration)
Pre-registration fees must be received by June 20, 2020
- \$20 Late/ Day of Race Registration

Only pre-registered runners & walkers are guaranteed t-shirts

Amount Enclosed: \$ _____

T-shirt size:

- Adult: S M L XL XXL
 Youth: M L

Required Participant Release

I know that running, walking, and volunteering to work in club races are potentially hazardous activities. I should never enter and run or walk in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run or walk. I assume all risks associated with running, walking, and volunteering to work in club races including, but not limited to falls, contact with other participants, the effects of weather, including high heat and /or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals, and radio headsets are not allowed in the race and I will abide by this guideline. I grant permission to the YMCA of Kokomo to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the YMCA of Kokomo and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in club activities even though that liability may arise out of negligence on the part of the persons named in this waiver.

Signature of participant 18 or older Date

Signature of Guardian Date

Pre-Registration

Send the attached form with a check payable to:

YMCA of Kokomo
114 N. Union St.
Kokomo, IN 46901

T-Shirts

All pre-registrants will receive a short sleeve t-shirt in the size of their choice. Late and race day registration includes a short sleeve t-shirt, **while supplies last**. If no shirt size is indicated, you will receive an extra large.

Results

For information on where race results will be posted, visit www.kokomoymca.org

Location & Parking

Race day registration is Kokomo's Municipal Stadium which is located on Vaile Avenue between Apperson Way and Union St.. Parking is available in one of three lots around the Central Middle School campus, as well as in several adjacent municipal lots within easy walking distance to the registration area and starting line.

Events of the Day

- 6:00 – 7:30 a.m.** Registration/ Packet pick-up
- 8:00 a.m.** 5K run & 5K walk
- 9:30 a.m.** Awards and Door Prizes
- Awards & prize drawing at Municipal Stadium

Awards

- 5K Run** Top 3 Overall Male & Female
- Overall Male & Female Masters
- Top 3 in Age Groups
- 5K Walk** Overall Male & Female
- Top 3 in Age Groups

Age Divisions:

Run: 14 & Under, 15–19; 20-24; 25–29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65–69; 70-74, 75 & up.

Walk: 19 & under, 20–29, 30–39, 40–49, 50–59, 60–69, 70 & up.

All awards must be picked up on race day!

Race Management

Provided by **YMCA of Kokomo**

Timing Equipment

Provided by **YMCA of Kokomo**

For more information:

Contact the Sports & Rec Director at:
 YMCA of Kokomo
 Phone: 765.457.4447
 Email: mark.sutton@kokomoymca.org

HAYNES APPERSON 5K RUN & 5K WALK

Saturday, July 4, 2020

Run & Walk Start: 8:00 a.m.

Pre-Registration Deadline: June 20, 2020

Sponsored By:
YMCA of Kokomo



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA of Kokomo's Cause and Mission:

At the Y, strengthening community is our cause. Every day, we work side-by-side with our neighbors to make sure that everyone, regardless of age, income or background, has the opportunity to learn, grow and thrive.

It is our mission to put Christian principles into practice through programs that build healthy spirit, mind and body for all.

Visit us online at: www.kokomoymca.org

Thanks to Club Kokomo Roadrunners
for volunteering their time for this event!



Club Kokomo Roadrunners is a not-for-profit "club" that serves to promote running and walking as healthy lifestyle activities and as competitive sports. The club serves to meet member needs by creating opportunities for group runs/walks, organized races and social functions for its members. For more information, call Mark Shorter at (765) 455-2283 or access our web site at: www.clubkokomoroadrunners.com

YMCA of Kokomo
114 N. Union St.
Kokomo, IN 46901



YMCA OF KOKOMO
PROUDLY PRESENTS:

HAYNES-APPERSON 5K RUN & 5K WALK



**SATURDAY
JULY 4, 2020**

**8:00 a.m. Run & Walk Start
Municipal Stadium
Kokomo, Indiana**

**Pre-Registration Deadline:
June 20, 2020**

For information on where race results will be posted,
visit www.kokomoymca.org